Hello folks, it looks like we're finally coming out of a cold spell when temperatures at night hit the -30 to -35 range. Cold enough to freeze the nuts off a bridge, I'd say. In my younger days I worked in the oil patch in Northern Alberta and the Arctic during the winter with temperatures of -40 or colder, it seemed like a walk in the park in those days.

Anyway, what follows is not a story but a series of one-liners that I've gathered up from various sources. I call this:

Reflections . . .

- Most people don't think I'm as old as I am until they hear me stand up.
- I really don't mind getting older, but my body is taking it badly.
- Getting older is just one body part after another saying, "You think that's bad, watch this."
- My joints are stiff. I must be rolling them too tight.
- So, it turns out these days that being an adult is mostly Googling how to do stuff.

- My mind is like my Internet browser:
 19 tabs open, three of them frozen and I have no idea where the music is coming from.
- I miss the '50s when bread was still good for you and no one knew what kale was.
- If you see me talking to myself, I'm having a staff meeting.
- Do you ever wake up in the morning, look at yourself in the mirror and think, "That can't be me."
- I don't always go the extra mile, but when I do it's because I missed the exit.
- Seeing how some people wear their masks, I now understand why condoms don't always work.
- The drop in gas prices during a stay-athome order is like a bald man winning a comb.
- They say you can't fix stupid. Turns out, you can't quarantine it either.
- Due to my quarantine, I finished three books yesterday. And believe me, that's a lot of colouring.

- What did our parents do to kill boredom before the Internet? I asked my twenty-six brothers and sisters, and they didn't know either.
- If I was a plastic surgeon, I would 100% put a squeaky toy in every breast implant.
- The fact that jellyfish have survived for 650 million years despite not having brains gives hope to many people.
- If you had to choose between drinking wine every day or being skinny, would you choose red or white?
- I want to be 16 again and ruin my life differently, I have new ideas.
- As I watch this generation try to rewrite history, one thing I'm sure of, it will be misspelled and will have no punctuation.
- I melted an ice cube with my mind just by looking at it. It took a lot longer than I thought it would.
- Struggling to get your wife's attention?
 Just sit down and look comfortable.

That's all I have to say for now, so until next time stay warm and keep on trucking.